

## Nutritional Guide Report

### Babycino

Ingredients: Milk Full Cream (Milk), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Babycino	Permanent	No	Yes	270	156	3.43	2.04	3.39	2.04	2.29	1.38	5.01	2.64	4.94	2.64	44.52	26.4

### Babycino Skim Milk

Ingredients: Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour), Milk Skim (Milk)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Babycino Skim Milk	Permanent	No	Yes	1,650		6.6		2.4		1.3		78.2		69.7		107	

### Tea Black Medium

Ingredients: Water, Black Tea (Black Tea)

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Tea Black Medium	Permanent	No															

### Tea Black Small

Ingredients: Water, Black Tea (Black Tea)

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Tea Black Small	Permanent	No															

### Iced Caramel Fudge with Kit Kat

Ingredients: Milk Full Cream (Milk), Sauce Caramel Sundae (Sugar, Water, Glucose Syrup, Milk solids, Thickeners (1442, 401), Vegetable fat [Vegetable fat, Emulsifier (322)], Salt, Emulsifier (471), Acidity regulators (500, 339), Preservative (202)), Coffee Grinders (100% imported coffee beans ), Cream Whipped (Cream (97%) (ContainsMilk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339)), Kit Kat Pieces (Wafer (Wheat Flour, Sugar, Palm Fat, Wheat Starch, Emulsifier Lecithin (Soy), Salt), Milk Chocolate (Sugar, Cocoa Butter, Cocoa Mass, SkimmedMilk Powder, Whey Powder, Vegetable Fats (Palm, Shea), Butter Oil, Emulsifier Lecithin, Natural Vanilla Flavour)))

Contains: Natural Sulphites, Milk, Soy

May be present: Almond, Hazelnut, Walnut

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Iced Caramel Fudge with Kit Kat	LTO	No	No	611	2360	4.1	15.9	5.92	22.9	4.27	16.5	18.84	72.8	12.8	49.5	54.75	212

### Iced Chocolate Fudge with Kit Kat

Ingredients: Milk Full Cream (Milk), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Cream Whipped (Cream (97%) (ContainsMilk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339)), Kit Kat Pieces (Wafer (Wheat Flour, Sugar, Palm Fat, Wheat Starch, Emulsifier Lecithin (Soy), Salt), Milk Chocolate (Sugar, Cocoa Butter, Cocoa Mass, SkimmedMilk Powder, Whey Powder, Vegetable Fats (Palm, Shea), Butter Oil, Emulsifier Lecithin, Natural Vanilla Flavour)))

Contains: Wheat, Milk, Soy

May be present: Almond, Hazelnut, Walnut

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Iced Chocolate Fudge with Kit Kat	LTO	No	No	562	996	3.39	10.7	5.07	18.0	3.42	12.1	18.13	20.9	16.99	18.9	55.66	136

### Iced Coffee with Kit Kat

Ingredients: Milk Full Cream (Milk), Coffee Grinders (100% imported coffee beans ), Cream Whipped (Cream (97%) (ContainsMilk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339)), Kit Kat Pieces (Wafer (Wheat Flour, Sugar, Palm Fat, Wheat Starch, Emulsifier Lecithin (Soy), Salt), Milk Chocolate (Sugar, Cocoa Butter, Cocoa Mass, SkimmedMilk Powder, Whey Powder, Vegetable Fats (Palm, Shea), Butter Oil, Emulsifier Lecithin, Natural Vanilla Flavour)))

Contains: Milk, Soy

May be present: Almond, Hazelnut, Walnut

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Iced Coffee with Kit Kat	LTO	No	No	474	1570	4.29	14.2	5.64	18.7	3.74	12.4	11.25	37.2	5.78	19.1	41.3	137

### Iced Mocha with Kit Kat

Ingredients: Milk Full Cream (Milk), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans ), Cream Whipped (Cream (97%) (ContainsMilk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339)), Kit Kat Pieces (Wafer (Wheat Flour, Sugar, Palm Fat, Wheat Starch, Emulsifier Lecithin (Soy), Salt), Milk Chocolate (Sugar, Cocoa Butter, Cocoa Mass, SkimmedMilk Powder, Whey Powder, Vegetable Fats (Palm, Shea), Butter Oil, Emulsifier Lecithin, Natural Vanilla Flavour)))

Contains: Wheat, Milk, Soy

May be present: Almond, Hazelnut, Walnut

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Iced Mocha with Kit Kat	LTO	No	No	623	996	4.1	14.2	4.96	18.7	3.3	12.4	21.26	37.2	16.09	19.1	52.64	137

### Jack's Caf  Cappuccino Large

Ingredients: Milk Full Cream (Milk), Water, Coffee Grinders (100% imported coffee beans ), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Cappuccino Large	Permanent	No		313		3.79	15.5	3.09	12.6	2.05	8.34	7.87	31.7	3.92	15.7	38.01	155

**Jack's CafØ Cappuccino Large Lactose Free**

Ingredients: Milk Lactose Free (Milk, Enzyme (Lactase).), Water, Coffee Grinders (100% imported coffee beans ), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Cappuccino Large Lactose Free	Permanent	No		311		3.71	15.1	3.09	12.6	2.05	8.34	7.87	31.7	3.92	15.7	38.01	155

**Jack's CafØ Cappuccino Large Oat Milk**

Ingredients: Milk Oat (Filtered Water, Whole Oats (Min. 8%), Sunflower Oil, Raw Sugar, Oat Flour, Gum Arabic, Minerals (Calcium Phosphate, Calcium Carbonate), Acidity Regulator (Potassium Phosphate), Sea Salt, Natural Flavour, Emulsifier (471).), Water, Coffee Grinders (100% imported coffee beans ), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Cappuccino Large Oat Milk	Permanent	No		267		1.3	5.27	2.23	9.06	0.42	1.69	9.24	37.3	1.77	6.87	58.62	239

**Jack's CafØ Cappuccino Medium Lactose Free**

Ingredients: Milk Lactose Free (Milk, Enzyme (Lactase).), Water, Coffee Grinders (100% imported coffee beans ), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Cappuccino Medium Lactose Free	Permanent	No		327		3.82	12.1	3	9.50	1.98	6.27	8.85	27.8	3.78	11.7	36.31	115

**Jack's CafØ Cappuccino Medium Oat Milk**

Ingredients: Milk Oat (Filtered Water, Whole Oats (Min. 8%), Sunflower Oil, Raw Sugar, Oat Flour, Gum Arabic, Minerals (Calcium Phosphate, Calcium Carbonate), Acidity Regulator (Potassium Phosphate), Sea Salt, Natural Flavour, Emulsifier (471).), Water, Coffee Grinders (100% imported coffee beans ), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Cappuccino Medium Oat Milk	Permanent	No		285		1.53	4.82	2.18	6.90	0.42	1.33	10.16	31.9	1.73	5.16	55.96	178

**Jack's CafØ Cappuccino Medium**

Ingredients: Milk Full Cream (Milk), Water, Coffee Grinders (100% imported coffee beans ), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Cappuccino Medium	Permanent	No		328		3.9	12.4	3	9.50	1.98	6.27	8.85	27.8	3.78	11.7	36.31	115

**Jack's CafØ Cappuccino Medium Skim**

Ingredients: Milk Skim (Milk), Water, Coffee Grinders (100% imported coffee beans ), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Cappuccino Medium Skim	Permanent	No		232		3.99	12.7	0.29	0.92	0.17	0.55	9.02	28.3	3.95	12.2	37.13	118

**Jack's CafØ Cappuccino Large Skim**

Ingredients: Milk Skim (Milk), Water, Coffee Grinders (100% imported coffee beans ), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Cappuccino Large Skim	Permanent	No		212		3.88	15.8	0.25	1.01	0.16	0.64	8.04	32.4	4.09	16.4	38.87	158

**Jack's CafØ Cappuccino Small Skim**

Ingredients: Milk Skim (Milk), Coffee Grinders (100% imported coffee beans ), Water, Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Cappuccino Small Skim	Permanent	No		282		4.47	9.82	0.39	0.84	0.21	0.47	11.32	24.6	4.01	8.50	37.14	81.4

#### Jack's Caf  Cappuccino Small

Ingredients: Milk Full Cream (Milk), Coffee Grinders (100% imported coffee beans ), Water, Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Cappuccino Small	Permanent	No		379		4.39	9.64	3.08	6.78	2.01	4.43	11.15	24.2	3.85	8.14	36.32	79.6

#### Jack's Caf  Cappuccino Small Oat Milk

Ingredients: Milk Oat (Filtered Water, Whole Oats (Min. 8%), Sunflower Oil, Raw Sugar, Oat Flour, Gum Arabic, Minerals (Calcium Phosphate, Calcium Carbonate), Acidity Regulator (Potassium Phosphate), Sea Salt, Natural Flavour, Emulsifier (471)), Coffee Grinders (100% imported coffee beans ), Water, Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Cappuccino Small Oat Milk	Permanent	No		336		2.02	4.42	2.26	4.98	0.46	1.01	12.46	27.1	1.81	3.64	55.91	123

#### Jack's Caf  Cappuccino Small Lactose Free

Ingredients: Milk Lactose Free (Milk, Enzyme (Lactase)), Coffee Grinders (100% imported coffee beans ), Water, Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Cappuccino Small Lactose Free	Permanent	No		377		4.31	9.46	3.08	6.78	2.01	4.43	11.15	24.2	3.85	8.14	36.32	79.6

#### Jack's Caf  Chai Iced Large Lactose Free

Ingredients: Water, Milk Lactose Free (Milk, Enzyme (Lactase)), Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt ), Cream Whipped (Cream (97%) (ContainsMilk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Chai Iced Large Lactose Free	Permanent	No		343		1.47	7.31	2.41	12.4	1.66	8.58	13.29	9.69	10.42	9.69	40.37	98.4

#### Jack's Caf  Chai Iced Large Oat Milk

Ingredients: Water, Milk Oat (Filtered Water, Whole Oats (Min. 8%), Sunflower Oil, Raw Sugar, Oat Flour, Gum Arabic, Minerals (Calcium Phosphate, Calcium Carbonate), Acidity Regulator (Potassium Phosphate), Sea Salt, Natural Flavour, Emulsifier (471)), Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt ), Cream Whipped (Cream (97%) (ContainsMilk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

May be present: Milk, Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Chai Iced Large Oat Milk	Permanent	No		323		0.34	1.43	2	10.3	0.9	4.59	13.93	13.1	9.41	4.44	50.07	149

#### Jack's Caf  Chai Iced Large Skim Milk

Ingredients: Water, Milk Skim (Milk), Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt ), Cream Whipped (Cream (97%) (ContainsMilk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Chai Iced Large Skim Milk	Permanent	No		296		1.55	7.73	1.08	5.47	0.77	3.96	13.37	10.2	10.5	10.2	40.78	101

#### Jack's Caf  Chai Iced Large

Ingredients: Water, Milk Full Cream (Milk), Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt ), Cream Whipped (Cream (97%) (ContainsMilk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Chai Iced Large	Permanent	No		344		1.51	7.52	2.41	12.4	1.66	8.58	13.29	9.69	10.42	9.69	40.37	98.4

#### Jack's Caf  Chai Iced Medium

**Ingredients:** Water, Milk Full Cream (Milk), Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt), Cream Whipped (Cream (97%) (ContainsMilk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

**Contains:** Milk

**May be present:** Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Chai Iced Medium	Permanent	No		304		1.54	7.52	2.48	12.4	1.71	8.58	10.77	9.69	8.55	9.69	36.16	98.4

#### Jack's Caf  Chai Iced Medium Skim Milk

**Ingredients:** Water, Milk Skim (Milk), Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt), Cream Whipped (Cream (97%) (ContainsMilk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

**Contains:** Milk

**May be present:** Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Chai Iced Medium Skim Milk	Permanent	No		255		1.58	7.73	1.1	5.46	0.8	3.97	10.86	10.2	8.63	10.2	36.57	101

#### Jack's Caf  Chai Iced Medium Lactose Free

**Ingredients:** Water, Milk Lactose Free (Milk, Enzyme (Lactase)), Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt), Cream Whipped (Cream (97%) (ContainsMilk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

**Contains:** Milk

**May be present:** Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Chai Iced Medium Lactose Free	Permanent	No		303		1.5	7.31	2.48	12.4	1.71	8.58	10.77	9.69	8.55	9.69	36.16	98.4

#### Jack's Caf  Coffee Mocha Large Oat Milk

**Ingredients:** Milk Oat (Filtered Water, Whole Oats (Min. 8%), Sunflower Oil, Raw Sugar, Oat Flour, Gum Arabic, Minerals (Calcium Phosphate, Calcium Carbonate), Acidity Regulator (Potassium Phosphate), Sea Salt, Natural Flavour, Emulsifier (471)), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

**Contains:** Milk

**May be present:** Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Coffee Mocha Large Oat Milk	Permanent	No	Yes	479	627	1.81	5.04	2.28	7.96	0.55	1.51	20.7	34.6	12.74	6.00	71.24	208

#### Jack's Caf  Coffee Mocha Large Skim Milk

**Ingredients:** Milk Skim (Milk), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

**Contains:** Milk

**May be present:** Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Coffee Mocha Large Skim Milk	Permanent	No	Yes	428	429	4.16	14.2	0.48	0.97	0.31	0.60	19.6	30.3	14.86	14.3	53.22	138

#### Jack's Caf  Coffee Mocha Large Lactose Free

**Ingredients:** Milk Lactose Free (Milk, Enzyme (Lactase)), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

**Contains:** Milk

**May be present:** Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Coffee Mocha Large Lactose Free	Permanent	No	Yes	519	782	4.01	13.6	3.06	11.0	2.04	7.28	19.44	29.7	14.7	13.6	52.44	135

#### Jack's Caf  Coffee Mocha Large

**Ingredients:** Milk Full Cream (Milk), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

**Contains:** Milk

**May be present:** Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Coffee Mocha Large	Permanent	No	Yes	521	788	4.08	13.9	3.06	11.0	2.04	7.28	19.44	29.7	14.7	13.6	52.44	135

#### Jack's Caf  Coffee Mocha Medium Oat Milk

**Ingredients:** Milk Oat (Filtered Water, Whole Oats (Min. 8%), Sunflower Oil, Raw Sugar, Oat Flour, Gum Arabic, Minerals (Calcium Phosphate, Calcium Carbonate), Acidity Regulator (Potassium Phosphate), Sea Salt, Natural Flavour, Emulsifier (471)), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

**Contains:** Milk

**May be present:** Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Coffee Mocha Medium Oat Milk	Permanent	No	Yes	562	441	2.21	4.59	2.24	5.80	0.59	1.15	25.14	29.2	16.02	4.29	72.22	146

**Jack's Caf  Coffee Mocha Medium Lactose Free**

**Ingredients:** Milk Lactose Free (Milk, Enzyme (Lactase)), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans ), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

**Contains:** Milk

**May be present:** Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Coffee Mocha Medium Lactose Free	Permanent	No	Yes	599	550	4.22	10.6	2.96	7.94	1.96	5.21	23.99	25.7	17.82	9.64	54.98	94.6

**Jack's Caf  Coffee Mocha Medium Skim Milk**

**Ingredients:** Milk Skim (Milk), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans ), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

**Contains:** Milk

**May be present:** Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Coffee Mocha Medium Skim Milk	Permanent	No	Yes	515	302	4.36	11.1	0.59	0.88	0.38	0.50	24.13	26.2	17.96	10.1	55.7	96.7

**Jack's Caf  Coffee Mocha Medium**

**Ingredients:** Milk Full Cream (Milk), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans ), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

**Contains:** Milk

**May be present:** Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Coffee Mocha Medium	Permanent	No	Yes	600	555	4.29	10.8	2.96	7.94	1.96	5.21	23.99	25.7	17.82	9.64	54.98	94.6

**Jack's Caf  Coffee Mocha Small**

**Ingredients:** Milk Full Cream (Milk), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans ), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

**Contains:** Milk

**May be present:** Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Coffee Mocha Small	Permanent	No	Yes	586	394	4.73	8.69	3.06	5.83	1.99	3.79	22.64	23.0	14.24	6.91	49.99	67.3

**Jack's Caf  Coffee Mocha Small Skim**

**Ingredients:** Milk Skim (Skim Milk), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans ), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

**Contains:** Milk

**May be present:** Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Coffee Mocha Small Skim	Permanent	No	Yes	499	215	4.81	8.84	0.62	0.82	0.37	0.44	22.79	23.3	14.39	7.22	50.72	68.8

**Jack's Caf  Coffee Mocha Small Oat Milk**

**Ingredients:** Milk Oat (Filtered Water, Whole Oats (Min. 8%), Sunflower Oil, Raw Sugar, Oat Flour, Gum Arabic, Minerals (Calcium Phosphate, Calcium Carbonate), Acidity Regulator (Potassium Phosphate), Sea Salt, Natural Flavour, Emulsifier (471)), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans ), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

**Contains:** Milk

**May be present:** Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Coffee Mocha Small Oat Milk	Permanent	No	Yes	547	314	2.59	4.28	2.32	4.31	0.59	0.90	23.82	25.4	12.39	3.11	67.7	104

**Jack's Caf  Coffee Mocha Small Lactose Free**

**Ingredients:** Milk Lactose Free (Milk, Enzyme (Lactase)), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans ), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

**Contains:** Milk

**May be present:** Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Coffee Mocha Small Lactose Free	Permanent	No	Yes	585	391	4.66	8.54	3.06	5.83	1.99	3.79	22.64	23.0	14.24	6.91	49.99	67.3

### Jack's CafØ Flat White Large

Ingredients: Milk Full Cream (Milk), Water, Coffee Grinders (100% imported coffee beans )

Contains: Milk

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Flat White Large	Permanent	No		300		3.65	15.5	2.98	12.6	1.98	8.34	7.51	31.7	3.7	15.7	36.58	155

### Jack's CafØ Flat White Large Skin

Ingredients: Milk Skin (Milk), Water, Coffee Grinders (100% imported coffee beans )

Contains: Milk

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Flat White Large Skin	Permanent	No		202		3.74	15.8	0.24	1.01	0.15	0.64	7.67	32.4	3.87	16.4	37.41	158

### Jack's CafØ Flat White Large Oat Milk

Ingredients: Milk Oat (Filtered Water, Whole Oats (Min. 8%), Sunflower Oil, Raw Sugar, Oat Flour, Gum Arabic, Minerals (Calcium Phosphate, Calcium Carbonate), Acidity Regulator (Potassium Phosphate), Sea Salt, Natural Flavour, Emulsifier (471)), Water, Coffee Grinders (100% imported coffee beans )

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Flat White Large Oat Milk	Permanent	No		256		1.25	5.27	2.15	9.07	0.4	1.69	8.83	37.3	1.63	6.87	56.48	239

### Jack's CafØ Flat White Large Lactose Free

Ingredients: Milk Lactose Free (Milk, Enzyme (Lactase)), Water, Coffee Grinders (100% imported coffee beans )

Contains: Milk

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Flat White Large Lactose Free	Permanent	No		299		3.57	15.1	2.98	12.6	1.98	8.34	7.51	31.7	3.7	15.7	36.58	155

### Jack's CafØ Flat White Medium

Ingredients: Milk Full Cream (Milk), Water, Coffee Grinders (100% imported coffee beans )

Contains: Milk

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Flat White Medium	Permanent	No		326		3.9	12.4	3	9.50	1.98	6.27	8.74	27.8	3.68	11.7	36.2	115

### Jack's CafØ Flat White Medium Skin

Ingredients: Milk Skin (Milk), Water, Coffee Grinders (100% imported coffee beans )

Contains: Milk

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Flat White Medium Skin	Permanent	No		229		3.98	12.7	0.29	0.92	0.17	0.55	8.91	28.3	3.84	12.2	37.02	118

### Jack's CafØ Flat White Medium Oat Milk

Ingredients: Milk Oat (Filtered Water, Whole Oats (Min. 8%), Sunflower Oil, Raw Sugar, Oat Flour, Gum Arabic, Minerals (Calcium Phosphate, Calcium Carbonate), Acidity Regulator (Potassium Phosphate), Sea Salt, Natural Flavour, Emulsifier (471)), Water, Coffee Grinders (100% imported coffee beans )

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Flat White Medium Oat Milk	Permanent	No		283		1.52	4.82	2.18	6.90	0.42	1.33	10.06	31.9	1.63	5.16	55.88	178

### Jack's CafØ Flat White Medium Lactose Free

Ingredients: Milk Lactose Free (Milk, Enzyme (Lactase)), Water, Coffee Grinders (100% imported coffee beans )

Contains: Milk

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Flat White Medium Lactose Free	Permanent	No		325		3.82	12.1	3	9.50	1.98	6.27	8.74	27.8	3.68	11.7	36.2	115

### Jack's CafØ Flat White Small

Ingredients: Milk Full Cream (Milk), Coffee Grinders (100% imported coffee beans ), Water

Contains: Milk

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Flat White Small	Permanent	No		376		4.38	9.64	3.08	6.78	2.01	4.43	11	24.2	3.7	8.14	36.16	79.6

### Jack's CafØ Flat White Small Skin

Ingredients: Milk Skim (Milk), Coffee Grinders (100% imported coffee beans ), Water

Contains: Milk

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Flat White Small Skim	Permanent	No		279		4.46	9.82	0.38	0.84	0.21	0.47	11.16	24.6	3.86	8.50	36.98	81.4

#### Jack's CafØ Flat White Small Oat Milk

Ingredients: Milk Oat (Filtered Water, Whole Oats (Min. 8%), Sunflower Oil, Raw Sugar, Oat Flour, Gum Arabic, Minerals (Calcium Phosphate, Calcium Carbonate), Acidity Regulator (Potassium Phosphate), Sea Salt, Natural Flavour, Emulsifier (471)), Coffee Grinders (100% imported coffee beans ), Water

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Flat White Small Oat Milk	Permanent	No		333		2.01	4.42	2.26	4.98	0.46	1.01	12.31	27.1	1.65	3.64	55.8	123

#### Jack's CafØ Flat White Small Lactose Free

Ingredients: Milk Lactose Free (Milk, Enzyme (Lactase)), Coffee Grinders (100% imported coffee beans ), Water

Contains: Milk

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Flat White Small Lactose Free	Permanent	No		374		4.3	9.47	3.08	6.78	2.01	4.43	11	24.2	3.7	8.14	36.16	79.6

#### Jack's CafØ Hot Chocolate Large

Ingredients: Milk Full Cream (Milk), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Hot Chocolate Large	Permanent	No	Yes	432	907	3.37	12.0	3.1	12.0	2.11	8.06	14.85	15.5	14.28	15.5	54.21	155

#### Jack's CafØ Hot Chocolate Large Skim

Ingredients: Milk Skim (Milk), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Hot Chocolate Large Skim	Permanent	No	Yes	332	494	3.46	12.3	0.3	0.36	0.24	0.36	15.02	16.1	14.45	16.1	55.06	158

#### Jack's CafØ Hot Chocolate Large Oat Milk

Ingredients: Milk Oat (Filtered Water, Whole Oats (Min. 8%), Sunflower Oil, Raw Sugar, Oat Flour, Gum Arabic, Minerals (Calcium Phosphate, Calcium Carbonate), Acidity Regulator (Potassium Phosphate), Sea Salt, Natural Flavour, Emulsifier (471)), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Hot Chocolate Large Oat Milk	Permanent	No	Yes	387	722	0.91	1.76	2.25	8.40	0.49	1.41	16.21	21.1	12.16	6.66	74.6	238

#### Jack's CafØ Hot Chocolate Large Lactose Free

Ingredients: Milk Lactose Free (Milk, Enzyme (Lactase)), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Hot Chocolate Large Lactose Free	Permanent	No	Yes	430	900	3.29	11.6	3.1	12.0	2.11	8.06	14.85	15.5	14.28	15.5	54.21	155

#### Jack's CafØ Hot Chocolate Medium

Ingredients: Milk Full Cream (Milk), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Hot Chocolate Medium	Permanent	No	Yes	482	666	3.36	8.74	3.02	8.74	2.05	5.92	17.9	11.4	17.17	11.4	57.18	114

#### Jack's CafØ Hot Chocolate Medium Skim

Ingredients: Milk Skim (Milk), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Hot Chocolate Medium Skim	Permanent	No	Yes	387	363	3.44	9.00	0.36	0.26	0.28	0.26	18.06	11.9	17.33	11.9	57.99	116

#### Jack's CafØ Hot Chocolate Medium Oat Milk

**Ingredients:** Milk Oat (Filtered Water, Whole Oats (Min. 8%), Sunflower Oil, Raw Sugar, Oat Flour, Gum Arabic, Minerals (Calcium Phosphate, Calcium Carbonate), Acidity Regulator (Potassium Phosphate), Sea Salt, Natural Flavour, Emulsifier (471)), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Hot Chocolate Medium Oat Milk	Permanent	No	Yes	440	530	1.03	1.29	2.21	6.17	0.52	1.03	19.19	15.5	15.15	4.89	76.52	175

#### Jack's CafØ Hot Chocolate Medium Lactose Free

**Ingredients:** Milk Lactose Free (Milk, Enzyme (Lactase)), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Hot Chocolate Medium Lactose Free	Permanent	No	Yes	481	661	3.28	8.49	3.02	8.74	2.05	5.92	17.9	11.4	17.17	11.4	57.18	114

#### Jack's CafØ Hot Chocolate Small

**Ingredients:** Milk Full Cream (Milk), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Hot Chocolate Small	Permanent	No	Yes	432	472	3.39	6.19	3.11	6.19	2.11	4.19	14.8	8.01	14.22	8.01	54.12	80.1

#### Jack's CafØ Hot Chocolate Small Skim

**Ingredients:** Milk Skim (Milk), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Hot Chocolate Small Skim	Permanent	No	Yes	332	257	3.47	6.38	0.3	0.19	0.24	0.19	14.97	8.38	14.39	8.38	54.97	82.0

#### Jack's CafØ Hot Chocolate Small Oat Milk

**Ingredients:** Milk Oat (Filtered Water, Whole Oats (Min. 8%), Sunflower Oil, Raw Sugar, Oat Flour, Gum Arabic, Minerals (Calcium Phosphate, Calcium Carbonate), Acidity Regulator (Potassium Phosphate), Sea Salt, Natural Flavour, Emulsifier (471)), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Hot Chocolate Small Oat Milk	Permanent	No	Yes	387	375	0.92	0.92	2.26	4.37	0.49	0.73	16.17	11.0	12.09	3.46	74.53	124

#### Jack's CafØ Hot Chocolate Small Lactose Free

**Ingredients:** Milk Lactose Free (Milk, Enzyme (Lactase)), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Hot Chocolate Small Lactose Free	Permanent	No	Yes	430	468	3.3	6.01	3.11	6.19	2.11	4.19	14.8	8.01	14.22	8.01	54.12	80.1

#### Jack's CafØ Iced Chocolate Large

**Ingredients:** Milk Full Cream (Milk), Water, Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Milk

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Iced Chocolate Large	Permanent	No		294		1.89	9.56	2.52	14.5	1.74	9.97	9.66	12.4	9.29	12.4	32.13	125

#### Jack's CafØ Iced Chocolate Large Skim

**Ingredients:** Milk Skim (Milk), Water, Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))



Contains: Milk

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Iced Chocolate Large Skim	Permanent	No		242		1.94	9.83	1.05	5.52	0.76	4.03	9.75	12.9	9.38	12.9	32.58	128

**Jack's CafØ Iced Chocolate Large Oat Milk**

**Ingredients:** Milk Oat (Filtered Water, Whole Oats (Min. 8%), Sunflower Oil, Raw Sugar, Oat Flour, Gum Arabic, Minerals (Calcium Phosphate, Calcium Carbonate), Acidity Regulator (Potassium Phosphate), Sea Salt, Natural Flavour, Emulsifier (471)), Water, Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Cream Whipped (Cream (97%) (ContainMilk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Iced Chocolate Large Oat Milk	Permanent	No		271		0.6	1.73	2.07	11.8	0.9	4.83	10.38	16.7	8.18	5.58	42.79	190

**Jack's CafØ Iced Chocolate Large Lactose Free**

**Ingredients:** Milk Lactose Free (Milk, Enzyme (Lactase)), Water, Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Cream Whipped (Cream (97%) (ContainMilk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Milk

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Iced Chocolate Large Lactose Free	Permanent	No		293		1.85	9.29	2.52	14.5	1.74	9.96	9.66	12.4	9.29	12.4	32.13	125

**Jack's CafØ Iced Chocolate Medium**

**Ingredients:** Water, Milk Full Cream (Milk), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Cream Whipped (Cream (97%) (ContainMilk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Milk

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Iced Chocolate Medium	Permanent	No		320		1.74	6.53	2.52	11.5	1.75	7.92	11.24	8.42	10.77	8.42	32.01	85.7

**Jack's CafØ Iced Chocolate Medium Skim**

**Ingredients:** Water, Milk Skim (Milk), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Cream Whipped (Cream (97%) (ContainMilk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Milk

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Iced Chocolate Medium Skim	Permanent	No		276		1.78	6.71	1.29	5.44	0.93	3.94	11.31	8.78	10.85	8.78	32.38	87.5

**Jack's CafØ Iced Chocolate Medium Oat Milk**

**Ingredients:** Water, Milk Oat (Filtered Water, Whole Oats (Min. 8%), Sunflower Oil, Raw Sugar, Oat Flour, Gum Arabic, Minerals (Calcium Phosphate, Calcium Carbonate), Acidity Regulator (Potassium Phosphate), Sea Salt, Natural Flavour, Emulsifier (471)), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Cream Whipped (Cream (97%) (ContainMilk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Iced Chocolate Medium Oat Milk	Permanent	No		300		0.66	1.28	2.15	9.60	1.05	4.48	11.83	11.4	9.85	3.89	40.91	130

**Jack's CafØ Iced Chocolate Medium Lactose Free**

**Ingredients:** Water, Milk Lactose Free (Milk, Enzyme (Lactase)), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Cream Whipped (Cream (97%) (ContainMilk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Milk

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Iced Chocolate Medium Lactose Free	Permanent	No		319		1.7	6.35	2.52	11.5	1.75	7.92	11.24	8.42	10.77	8.42	32.01	85.7

**Jack's CafØ Iced Chocolate Small**

**Ingredients:** Water, Milk Full Cream (Milk), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Cream Whipped (Cream (97%) (ContainMilk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Milk

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Iced Chocolate Small	Permanent	No		274		1.61	5.00	2.77	9.88	1.93	6.88	8.25	6.44	7.93	6.44	27.56	65.9

**Jack's CafØ Iced Chocolate Small Skim**

**Ingredients:** Water, Milk Skim (Milk), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Cream Whipped (Cream (97%) (ContainMilk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Milk

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Iced Chocolate Small Skim	Permanent	No		231		1.65	5.14	1.57	5.39	1.13	3.89	8.32	6.71	8	6.71	27.92	67.2

**Jack's CafØ Iced Chocolate Small Oat Milk**

**Ingredients:** Water, Milk Oat (Filtered Water, Whole Oats (Min. 8%), Sunflower Oil, Raw Sugar, Oat Flour, Gum Arabic, Minerals (Calcium Phosphate, Calcium Carbonate), Acidity Regulator (Potassium Phosphate), Sea Salt, Natural Flavour, Emulsifier (471)), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Cream Whipped (Cream (97%) (ContainsMilk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

**Contains:** Milk

**May be present:** Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Iced Chocolate Small Oat Milk	Permanent	No		255		0.56	1.06	2.41	8.52	1.24	4.30	8.83	8.61	7.02	3.04	36.31	98.5

**Jack's CafØ Iced Chocolate Small Lactose Free**

**Ingredients:** Water, Milk Lactose Free (Milk, Enzyme (Lactase)), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Cream Whipped (Cream (97%) (ContainsMilk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

**Contains:** Milk

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Iced Chocolate Small Lactose Free	Permanent	No		273		1.58	4.87	2.77	9.88	1.93	6.88	8.25	6.44	7.93	6.44	27.56	65.9

**Jack's CafØ Iced Coffee Caramel Large**

**Ingredients:** Milk Full Cream (Milk), Water, Sauce Caramel Sundae (Sugar, Water, Glucose Syrup, Milk solids, Thickeners (1442, 401), Vegetable fat [Vegetable fat, Emulsifier (322)], Salt, Emulsifier (471), Acidity regulators (500, 339), Preservative (202)), Coffee Syrup Caramel (Australian Raw Sugar, Water, Natural Flavours, Burnt Sugar, Food Acid (Citric Acid), Preservative (Potassium Sorbate)), Coffee Grinders (100% imported coffee beans), Cream Whipped (Cream (97%) (ContainsMilk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

**Contains:** Natural Sulphites, Milk

**May be present:** Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Iced Coffee Caramel Large	Permanent	No		369		2.22	15.1	2.89	19.7	2.15	14.7	13.16	89.5	9.97	67.8	30.32	207

**Jack's CafØ Iced Coffee Caramel Large Skim**

**Ingredients:** Milk Skim (Milk), Water, Sauce Caramel Sundae (Sugar, Water, Glucose Syrup, Milk solids, Thickeners (1442, 401), Vegetable fat [Vegetable fat, Emulsifier (322)], Salt, Emulsifier (471), Acidity regulators (500, 339), Preservative (202)), Coffee Syrup Caramel (Australian Raw Sugar, Water, Natural Flavours, Burnt Sugar, Food Acid (Citric Acid), Preservative (Potassium Sorbate)), Coffee Grinders (100% imported coffee beans), Cream Whipped (Cream (97%) (ContainsMilk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

**Contains:** Natural Sulphites, Milk

**May be present:** Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Iced Coffee Caramel Large Skim	Permanent	No		321		2.26	15.4	1.54	10.5	1.24	8.46	13.24	90.1	10.05	68.4	30.73	209

**Jack's CafØ Iced Coffee Caramel Large Oat Milk**

**Ingredients:** Milk Oat (Filtered Water, Whole Oats (Min. 8%), Sunflower Oil, Raw Sugar, Oat Flour, Gum Arabic, Minerals (Calcium Phosphate, Calcium Carbonate), Acidity Regulator (Potassium Phosphate), Sea Salt, Natural Flavour, Emulsifier (471)), Water, Sauce Caramel Sundae (Sugar, Water, Glucose Syrup, Milk solids, Thickeners (1442, 401), Vegetable fat [Vegetable fat, Emulsifier (322)], Salt, Emulsifier (471), Acidity regulators (500, 339), Preservative (202)), Coffee Syrup Caramel (Australian Raw Sugar, Water, Natural Flavours, Burnt Sugar, Food Acid (Citric Acid), Preservative (Potassium Sorbate)), Coffee Grinders (100% imported coffee beans), Cream Whipped (Cream (97%) (ContainsMilk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

**Contains:** Natural Sulphites, Milk

**May be present:** Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Iced Coffee Caramel Large Oat Milk	Permanent	No		347		1.03	6.98	2.48	16.9	1.37	9.30	13.82	94.0	8.94	60.8	40.2	274

**Jack's CafØ Iced Coffee Caramel Large Lactose Free**

**Ingredients:** Milk Lactose Free (Milk, ENZYME (LACTASE)), Water, Sauce Caramel Sundae (Sugar, Water, Glucose Syrup, Milk solids, Thickeners (1442, 401), Vegetable fat [Vegetable fat, Emulsifier (322)], Salt, Emulsifier (471), Acidity regulators (500, 339), Preservative (202)), Coffee Syrup Caramel (Australian Raw Sugar, Water, Natural Flavours, Burnt Sugar, Food Acid (Citric Acid), Preservative (Potassium Sorbate)), Coffee Grinders (100% imported coffee beans), Cream Whipped (Cream (97%) (ContainsMilk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

**Contains:** Natural Sulphites, Milk

**May be present:** Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Iced Coffee Caramel Large Lactose Free	Permanent	No		368		2.18	14.9	2.89	19.7	2.15	14.7	13.16	89.5	9.97	67.8	30.32	207

**Jack's CafØ Iced Coffee Caramel Medium**

**Ingredients:** Milk Skim (Milk), Water, Sauce Caramel Sundae (Sugar, Water, Glucose Syrup, Milk solids, Thickeners (1442, 401), Vegetable fat [Vegetable fat, Emulsifier (322)], Salt, Emulsifier (471), Acidity regulators (500, 339), Preservative (202)), Coffee Syrup Caramel (Australian Raw Sugar, Water, Natural Flavours, Burnt Sugar, Food Acid (Citric Acid), Preservative (Potassium Sorbate)), Coffee Grinders (100% imported coffee beans), Cream Whipped (Cream (97%) (ContainsMilk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

**Contains:** Natural Sulphites, Milk

**May be present:** Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Iced Coffee Caramel Medium	Permanent	No		385		2.16	12.3	2.97	16.9	2.24	12.8	14.02	79.7	10.22	58.1	29.8	170

**Jack's CafØ Iced Coffee Caramel Medium Skim**

**Ingredients:** Milk Skim (Milk), Water, Sauce Caramel Sundae (Sugar, Water, Glucose Syrup, Milk solids, Thickeners (1442, 401), Vegetable fat [Vegetable fat, Emulsifier (322)], Salt, Emulsifier (471), Acidity regulators (500, 339), Preservative (202)), Coffee Syrup Caramel (Australian Raw Sugar, Water, Natural Flavours, Burnt Sugar, Food Acid (Citric Acid), Preservative (Potassium Sorbate)), Coffee Grinders (100% imported coffee beans), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

**Contains:** Natural Sulphites, Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Iced Coffee Caramel Medium Skim	Permanent	No		345		2.2	12.5	1.82	10.4	1.47	8.38	14.09	80.1	10.29	58.5	30.15	172

**Jack's CafØ Iced Coffee Caramel Small**

**Ingredients:** Milk Skim (Milk), Water, Sauce Caramel Sundae (Sugar, Water, Glucose Syrup, Milk solids, Thickeners (1442, 401), Vegetable fat [Vegetable fat, Emulsifier (322)], Salt, Emulsifier (471), Acidity regulators (500, 339), Preservative (202)), Coffee Syrup Caramel (Australian Raw Sugar, Water, Natural Flavours, Burnt Sugar, Food Acid (Citric Acid), Preservative (Potassium Sorbate)), Coffee Grinders (100% imported coffee beans), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

**Contains:** Natural Sulphites, Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Iced Coffee Caramel Small	Permanent	No		431		2.26	10.1	3.29	14.7	2.52	11.2	15.88	70.6	11.04	49.1	31.49	140

**Jack's CafØ Iced Coffee Small**

**Ingredients:** Water, Milk Full Cream (Milk), Coffee Grinders (100% imported coffee beans), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

**Contains:** Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Iced Coffee Small	Permanent	No		256		2.34	8.35	2.9	10.4	1.97	7.05	6.4	22.5	1.9	6.44	18.05	64.0

**Jack's CafØ Iced Coffee Medium**

**Ingredients:** Water, Milk Full Cream (Milk), Coffee Grinders (100% imported coffee beans), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

**Contains:** Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Iced Coffee Medium	Permanent	No		230		2.25	10.6	2.67	12.7	1.81	8.57	5.46	25.4	2.05	9.34	19.8	93.1

**Jack's CafØ Iced Coffee Large**

**Ingredients:** Water, Milk Full Cream (Milk), Coffee Grinders (100% imported coffee beans), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

**Contains:** Milk

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Iced Coffee Large	Permanent	No		220		2.27	13.5	2.61	15.5	1.77	10.5	4.97	29.1	2.25	13.0	21.96	130

**Jack's CafØ Iced Long Black Large**

**Ingredients:** Water, Coffee Grinders (100% imported coffee beans)

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Iced Long Black Large	Permanent	No		121		1.19	3.52	0.22	0.66	0.1	0.29	5.48	16.3	0.07	0.22	0.12	0.36

**Jack's CafØ Iced Long Black Medium**

**Ingredients:** Water, Coffee Grinders (100% imported coffee beans)

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Iced Long Black Medium	Permanent	No		139		1.35	3.52	0.25	0.66	0.11	0.29	6.26	16.3	0.08	0.22	0.14	0.36

**Jack's CafØ Iced Long Black Small**

**Ingredients:** Water, Coffee Grinders (100% imported coffee beans)

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Iced Long Black Small	Permanent	No		166		1.61	3.52	0.3	0.66	0.13	0.29	7.47	16.3	0.1	0.22	0.16	0.36

**Jack's CafØ Iced Coffee Mocha Large**

Ingredients: Water, Milk Full Cream (Milk), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans )

Contains: Milk

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Iced Coffee Mocha Large	Permanent	No		313		2.23	11.0	1.56	8.14	1.03	5.35	12.48	26.0	9.32	9.90	28.92	97.2

**Jack's CafØ Iced Coffee Mocha Medium**

Ingredients: Water, Milk Full Cream (Milk), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans )

Contains: Milk

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Iced Coffee Mocha Medium	Permanent	No		347		2.2	8.18	1.35	5.32	0.88	3.44	14.94	22.4	10.96	6.25	28.52	60.7

**Jack's CafØ Iced Coffee Mocha Small**

Ingredients: Water, Milk Full Cream (Milk), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans )

Contains: Milk

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Iced Coffee Mocha Small	Permanent	No		314		2.31	6.96	1.32	4.10	0.85	2.61	13.06	20.8	8.06	4.67	23.7	44.8

**Jack's CafØ Latte Large**

Ingredients: Milk Full Cream (Milk), Water, Coffee Grinders (100% imported coffee beans )

Contains: Milk

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Latte Large	Permanent	No		300		3.65	15.5	2.98	12.6	1.98	8.34	7.51	31.7	3.7	15.7	36.58	155

**Jack's CafØ Latte Large Skim**

Ingredients: Milk Skim (Skim Milk), Water, Coffee Grinders (100% imported coffee beans )

Contains: Milk

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Latte Large Skim	Permanent	No		202		3.74	15.8	0.24	1.01	0.15	0.64	7.67	32.4	3.87	16.4	37.41	158

**Jack's CafØ Latte Medium Skim**

Ingredients: Milk Skim (Skim Milk), Water, Coffee Grinders (100% imported coffee beans )

Contains: Milk

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Latte Medium Skim	Permanent	No		229		3.98	12.7	0.29	0.92	0.17	0.55	8.91	28.3	3.84	12.2	37.02	118

**Jack's CafØ Latte Medium**

Ingredients: Milk Full Cream (Milk), Water, Coffee Grinders (100% imported coffee beans )

Contains: Milk

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Latte Medium	Permanent	No		326		3.9	12.4	3	9.50	1.98	6.27	8.74	27.8	3.68	11.7	36.2	115

**Jack's CafØ Latte Small**

Ingredients: Milk Full Cream (Milk), Coffee Grinders (100% imported coffee beans ), Water

Contains: Milk

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Latte Small	Permanent	No		376		4.38	9.64	3.08	6.78	2.01	4.43	11	24.2	3.7	8.14	36.16	79.6

**Jack's CafØ Latte Small Skim**

Ingredients: Milk Skim (Milk), Coffee Grinders (100% imported coffee beans ), Water

Contains: Milk

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Latte Small Skim	Permanent	No		279		4.46	9.82	0.38	0.84	0.21	0.47	11.16	24.6	3.86	8.50	36.98	81.4

**Jack's CafØ Macchiato Skim**

Ingredients: Coffee Grinders (100% imported coffee beans ), Milk Skim (Milk)

Contains: Milk

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Macchiato Skim	Permanent	No	Yes	1,487	365	14.72	3.61	2.7	0.67	1.18	0.29	66.92	16.4	1.37	0.34	6.03	1.48

#### Jack's Caf  Macchiato

Ingredients: Coffee Grinders (100% imported coffee beans ), Milk Full Cream (Milk)

Contains: Milk

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Macchiato	Permanent	No	Yes	1,499	368	14.71	3.61	3.04	0.75	1.4	0.35	66.9	16.4	1.35	0.33	5.93	1.46

#### Jack's Caf  Piccolo

Ingredients: Milk Full Cream (Milk), Coffee Grinders (100% imported coffee beans ), Water

Contains: Milk

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Piccolo	Permanent	No		392		4.53	4.49	3.08	3.05	2	1.99	11.78	11.7	3.67	3.64	35.73	35.4

#### Jack's Caf  Piccolo Skim

Ingredients: Milk Skim (Milk), Coffee Grinders (100% imported coffee beans ), Water

Contains: Milk

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Piccolo Skim	Permanent	No		296		4.61	4.56	0.41	0.41	0.23	0.23	11.94	11.9	3.83	3.79	36.54	36.2

#### Tea White Large

Ingredients: Water, Black Tea (Black Tea),Milk UHT Portion (Milk)

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Tea White Large	Permanent	No	Yes	15		0.19	0.89	0.2	0.94	0.13	0.60	0.26	1.25	0.26	1.25	2.67	12.8

#### Tea White Medium

Ingredients: Water, Black Tea (Black Tea),Milk UHT Portion (Milk)

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Tea White Medium	Permanent	No		18		0.22	0.89	0.23	0.94	0.15	0.60	0.31	1.25	0.31	1.25	3.16	12.8

#### Tea White Small

Ingredients: Water, Black Tea (Black Tea),Milk UHT Portion (Milk)

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Tea White Small	Permanent	No		26		0.32	0.89	0.34	0.94	0.22	0.60	0.45	1.25	0.45	1.25	4.59	12.8

#### Jack's Caf  Piccolo Almond

Ingredients: Milk Almond (Filtered water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum.), Coffee Grinders (100% imported coffee beans ), Water

Contains: Almond

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Piccolo Almond	Permanent	No		314		2.34	2.32	2.68	2.65	0.39	0.39	9.92	9.82	1.48	1.47	52.7	52.2

#### Jack's Caf  Piccolo Soy Milk

Ingredients: Milk Soy (Filtered Water, Whole Soybeans (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331) ), Coffee Grinders (100% imported coffee beans ), Water

Contains: Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Piccolo Soy Milk	Permanent	No		324		4.2	4.16	1.79	1.77	0.39	0.39	10.73	10.7	1.81	1.79	56.74	56.2

#### Jack's Caf  Macchiato Almond

Ingredients: Coffee Grinders (100% imported coffee beans ), Milk Almond (Filtered water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum.)

Contains: Almond

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Macchiato Almond	Permanent	No	Yes	1,489	365	14.44	3.54	2.99	0.74	1.2	0.30	66.66	16.4	1.07	0.27	8.07	1.98

#### Jack's Caf  Macchiato Soy Milk

**Ingredients:** Coffee Grinders (100% imported coffee beans ), **Milk Soy** (Filtered Water, Whole **Soybeans** (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331) )

**Contains:** Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Macchiato Soy Milk	Permanent	No	Yes	1,491	366	14.67	3.60	2.88	0.71	1.2	0.30	66.77	16.4	1.11	0.28	8.58	2.11

#### Jack's Caf  Latte Small Soy Milk

**Ingredients:** Milk Soy (Filtered Water, Whole **Soybeans** (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331) ), Coffee Grinders (100% imported coffee beans ), Water

**Contains:** Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Latte Small Soy Milk	Permanent	No		307		4.05	8.92	1.77	3.90	0.38	0.83	9.94	21.9	1.82	4.00	57.43	127

#### Jack's Caf  Iced Coffee Mocha Large Soy Milk

**Ingredients:** Water, **Milk Soy** (Filtered Water, Whole **Soybeans** (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331) ), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans )

**Contains:** Soy

May be present: Milk

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Iced Coffee Mocha Large Soy Milk	Permanent	No		281		2.08	10.2	0.95	4.63	0.27	0.95	11.99	23.1	8.45	4.85	38.78	155

#### Jack's Caf  Iced Coffee Mocha Large Almond

**Ingredients:** Water, **Milk Almond** (Filtered Water, Ground **Almonds** (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans )

**Contains:** Almond

May be present: Milk

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Iced Coffee Mocha Large Almond	Permanent	No		276		1.21	5.06	1.37	7.04	0.27	0.95	11.61	20.9	8.3	3.96	36.88	144

#### Jack's Caf  Cappuccino Large Soy Milk

**Ingredients:** Milk Soy (Filtered Water, Whole **Soybeans** (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331) ), Water, Coffee Grinders (100% imported coffee beans ), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

**Contains:** Milk, Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Cappuccino Large Soy Milk	Permanent	No		241		3.45	14.1	1.71	6.96	0.33	1.34	6.75	27.2	1.94	7.57	60.34	246

#### Jack's Caf  Cappuccino Large Almond

**Ingredients:** Milk Almond (Filtered Water, Ground **Almonds** (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Water, Coffee Grinders (100% imported coffee beans ), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

**Contains:** Milk, Almond

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Cappuccino Large Almond	Permanent	No		231		1.47	5.97	2.66	10.9	0.33	1.34	5.89	23.7	1.6	6.17	56.05	228

#### Jack's Caf  Cappuccino Medium Soy Milk

**Ingredients:** Milk Soy (Filtered Water, Whole **Soybeans** (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331) ), Water, Coffee Grinders (100% imported coffee beans ), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

**Contains:** Milk, Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Cappuccino Medium Soy Milk	Permanent	No		260		3.58	11.4	1.69	5.34	0.34	1.07	7.79	24.4	1.9	5.69	57.6	183

#### Jack's Caf  Cappuccino Medium Almond

**Ingredients:** Milk Almond (Filtered Water, Ground **Almonds** (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Water, Coffee Grinders (100% imported coffee beans ), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

**Contains:** Milk, Almond

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Cappuccino Medium Almond	Permanent	No		250		1.69	5.34	2.59	8.20	0.34	1.07	6.97	21.8	1.57	4.64	53.51	170

#### Jack's Caf  Cappuccino Small Soy Milk

**Ingredients:** Milk Soy (Filtered Water, Whole **Soybeans** (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331) ), Coffee Grinders (100% imported coffee beans ), Water, Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

**Contains:** Milk, Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Cappuccino Small Soy Milk	Permanent	No		310		4.06	8.92	1.77	3.90	0.38	0.83	10.09	21.9	1.97	4.01	57.55	127

#### Jack's Caf  Cappuccino Small Almond

**Ingredients:** Milk Almond (Filtered Water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Coffee Grinders (100% imported coffee beans ), Water, Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

**Contains:** Milk, Almond

**May be present:** Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Cappuccino Small Almond	Permanent	No		300		2.18	4.78	2.67	5.88	0.38	0.83	9.27	20.1	1.65	3.28	53.46	118

#### Jack's Caf  Iced Coffee Large Soy Milk

**Ingredients:** Milk Soy (Filtered Water, Whole Soybeans (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331) ), Water, Coffee Grinders (100% imported coffee beans ), Cream Whipped (Cream (97%) (ContainsMilk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

**Contains:** Milk, Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Iced Coffee Large Soy Milk	Permanent	No		180		2.08	12.3	1.85	11.0	0.82	4.88	4.35	25.5	1.16	6.56	34.24	203

#### Jack's Caf  Iced Coffee Large Almond

**Ingredients:** Milk Almond (Filtered Water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Water, Coffee Grinders (100% imported coffee beans ), Cream Whipped (Cream (97%) (ContainsMilk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

**Contains:** Milk, Almond

**May be present:** Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Iced Coffee Large Almond	Permanent	No		175		0.99	5.86	2.37	14.1	0.82	4.88	3.88	22.7	0.98	5.44	31.88	189

#### Jack's Caf  Iced Coffee Small Soy Milk

**Ingredients:** Water, Milk Soy (Filtered Water, Whole Soybeans (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331) ), Coffee Grinders (100% imported coffee beans ), Cream Whipped (Cream (97%) (ContainsMilk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

**Contains:** Milk, Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Iced Coffee Small Soy Milk	Permanent	No		226		2.2	7.83	2.32	8.27	1.24	4.43	5.93	20.8	1.05	3.43	27.58	98.1

#### Jack's Caf  Iced Coffee Small Almond

**Ingredients:** Water, Milk Almond (Filtered Water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Coffee Grinders (100% imported coffee beans ), Cream Whipped (Cream (97%) (ContainsMilk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

**Contains:** Milk, Almond

**May be present:** Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Iced Coffee Small Almond	Permanent	No		221		1.36	4.82	2.72	9.71	1.24	4.43	5.56	19.5	0.91	2.90	25.74	91.6

#### Jack's Caf  Latte Medium Soy Milk

**Ingredients:** Milk Soy (Filtered Water, Whole Soybeans (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331) ), Water, Coffee Grinders (100% imported coffee beans )

**Contains:** Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Latte Medium Soy Milk	Permanent	No		257		3.57	11.4	1.68	5.34	0.34	1.07	7.68	24.4	1.79	5.68	57.52	183

#### Jack's Caf  Latte Medium Almond

**Ingredients:** Milk Almond (Filtered Water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Water, Coffee Grinders (100% imported coffee beans )

**Contains:** Almond

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Latte Medium Almond	Permanent	No		248		1.68	5.34	2.59	8.21	0.34	1.07	6.86	21.8	1.46	4.64	53.42	170

#### Jack's Caf  Latte Large Soy Milk

**Ingredients:** Milk Soy (Filtered Water, Whole Soybeans (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331) ), Water, Coffee Grinders (100% imported coffee beans )

**Contains:** Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Latte Large Soy Milk	Permanent	No		231		3.32	14.1	1.65	6.97	0.32	1.34	6.43	27.2	1.79	7.58	58.14	246

#### Jack's Caf  Latte Large Almond

**Ingredients:** Milk Almond (Filtered Water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Water, Coffee Grinders (100% imported coffee beans )

Contains: Almond

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Latte Large Almond	Permanent	No		221		1.41	5.97	2.56	10.9	0.32	1.34	5.6	23.7	1.46	6.17	53.99	228

#### Jack's Caf  Iced Coffee Mocha Small Soy Milk

**Ingredients:** Water, Milk Soy (Filtered Water, Whole Soybeans (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331) ), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans )

Contains: Soy

May be present: Milk

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Iced Coffee Mocha Small Soy Milk	Permanent	No		290		2.2	6.56	0.85	2.48	0.27	0.59	12.68	19.5	7.38	2.35	31.31	71.1

#### Jack's Caf  Iced Coffee Mocha Small Almond

**Ingredients:** Water, Milk Almond (Filtered Water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans )

Contains: Almond

May be present: Milk

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Iced Coffee Mocha Small Almond	Permanent	No		286		1.52	4.23	1.17	3.59	0.27	0.59	12.38	18.5	7.27	1.94	29.84	66.1

#### Jack's Caf  Iced Coffee Caramel Small Soy Milk

**Ingredients:** Water, Milk Soy (Filtered Water, Whole Soybeans (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331) ), Sauce Caramel Sundae (Sugar, Water, Glucose Syrup,Milk Solids, Thickeners (1442, 401), Vegetable Fat [Vegetable Fat, Emulsifier (322)], Salt, Emulsifier (471), Acidity Regulators (500, 339), Preservative (202)), Coffee Grinders (100% imported coffee beans ), Coffee Syrup Caramel (Australian Raw Sugar, Water, Natural Flavours, Burnt Sugar, Food Acid (Citric Acid), Preservative (Potassium Sorbate)), Cream Whipped (Cream (97%) (ContainsMilk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Natural Sulphites, Milk, Soy

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Iced Coffee Caramel Small Soy Milk	Permanent	No		406		2.14	9.51	2.82	12.6	1.93	8.58	15.5	68.9	10.36	46.0	39.16	174

#### Jack's Caf  Iced Coffee Caramel Small Almond

**Ingredients:** Water, Milk Almond (Filtered Water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Sauce Caramel Sundae (Sugar, Water, Glucose Syrup,Milk Solids, Thickeners (1442, 401), Vegetable Fat [Vegetable Fat, Emulsifier (322)], Salt, Emulsifier (471), Acidity Regulators (500, 339), Preservative (202)), Coffee Grinders (100% imported coffee beans ), Coffee Syrup Caramel (Australian Raw Sugar, Water, Natural Flavours, Burnt Sugar, Food Acid (Citric Acid), Preservative (Potassium Sorbate)), Cream Whipped (Cream (97%) (ContainsMilk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Natural Sulphites, Milk, Almond

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Iced Coffee Caramel Small Almond	Permanent	No		402		1.46	6.50	3.15	14.0	1.93	8.58	15.2	67.5	10.24	45.5	37.69	168

#### Jack's Caf  Coffee Mocha Small Soy Milk

**Ingredients:** Milk Soy (Filtered Water, Whole Soybeans (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331) ), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans ), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk, Soy

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Coffee Mocha Small Soy Milk	Permanent	No	Yes	524	267	4.44	8.08	1.88	3.40	0.52	0.75	21.68	21.0	12.54	3.42	69.17	107

#### Jack's Caf  Coffee Mocha Small Almond

**Ingredients:** Milk Almond (Filtered Water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans ), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk, Almond

May be present: Soy

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Coffee Mocha Small Almond	Permanent	No	Yes	515		2.74	4.59	2.69	5.07	0.52	0.75	20.94	19.5	12.25	2.81	65.48	99.2

#### Jack's Caf  Hot Chocolate Small Soy Milk

**Ingredients:** Milk Soy (Filtered Water, Whole Soybeans (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331) ), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk, Soy

Description	Store Status	Available in Select Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Hot Chocolate Small Soy Milk	Permanent	No	Yes	361	319	3.05	5.46	1.75	3.28	0.41	0.55	13.7	5.65	12.26	3.83	76.23	128



**Jack's CafØ Hot Chocolate Small Almond**

**Ingredients:** Milk Almond (Filtered Water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

**Contains:** Milk, Almond

**May be present:** Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Hot Chocolate Small Almond	Permanent	No	Yes	350		1.09	1.28	2.69	5.28	0.41	0.55	12.85	3.83	11.92	3.10	71.98	119

**Jack's CafØ Flat White Small Soy Milk**

**Ingredients:** Milk Soy (Filtered Water, Whole Soybeans (min.14%), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331), Coffee Grinders (100% imported coffee beans), Water

**Contains:** Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Flat White Small Soy Milk	Permanent	No		307		4.05	8.92	1.77	3.90	0.38	0.83	9.94	21.9	1.82	4.00	57.43	127

**Jack's CafØ Flat White Small Almond**

**Ingredients:** Milk Almond (Filtered Water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Coffee Grinders (100% imported coffee beans), Water

**Contains:** Almond

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Flat White Small Almond	Permanent	No		297		2.17	4.78	2.67	5.88	0.38	0.83	9.12	20.1	1.49	3.28	53.34	118

**Jack's CafØ Iced Chocolate Small Soy Milk**

**Ingredients:** Water, Milk Soy (Filtered Water, Whole Soybeans (min.14%), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331)), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

**Contains:** Milk, Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Iced Chocolate Small Soy Milk	Permanent	No		244		1.47	4.46	2.19	7.70	1.2	4.16	7.77	4.67	7.09	3.31	37.04	102

**Jack's CafØ Iced Chocolate Small Almond**

**Ingredients:** Water, Milk Almond (Filtered Water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

**Contains:** Milk, Almond

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Iced Chocolate Small Almond	Permanent	No		239		0.63	1.33	2.59	9.20	1.2	4.16	7.41	3.31	6.94	2.77	35.22	94.4

**Jack's CafØ Iced Chocolate Medium Soy Milk**

**Ingredients:** Water, Milk Soy (Filtered Water, Whole Soybeans (min.14%), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331)), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

**Contains:** Milk, Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Iced Chocolate Medium Soy Milk	Permanent	No		288		1.59	5.81	1.92	8.51	1.01	4.30	10.76	6.07	9.92	4.26	41.65	133

**Jack's CafØ Iced Chocolate Medium Almond**

**Ingredients:** Water, Milk Almond (Filtered Water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Cream Whipped (Cream (97%) (Contains Milk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

**Contains:** Milk, Almond

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Iced Chocolate Medium Almond	Permanent	No		284		0.74	1.65	2.33	10.5	1.01	4.30	10.39	4.26	9.77	3.53	39.8	124

**Jack's CafØ Hot Chocolate Medium Soy Milk**

**Ingredients:** Milk Soy (Filtered Water, Whole Soybeans (min.14%), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331)), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

**Contains:** Milk, Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Hot Chocolate Medium Soy Milk	Permanent	No	Yes	415	450	3.04	7.71	1.73	4.63	0.44	0.78	16.85	7.97	15.31	5.40	78.13	180

**Jack's CafØ Hot Chocolate Medium Almond**

**Ingredients:** Milk Almond (Filtered Water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk, Almond

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Hot Chocolate Medium Almond	Permanent	No	Yes	405		1.19	1.80	2.61	7.46	0.44	0.78	16.04	5.40	14.99	4.37	74.1	168

#### Jack's CafØ Flat White Medium Soy Milk

Ingredients: Milk Soy (Filtered Water, Whole Soybeans (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331) ), Water, Coffee Grinders (100% imported coffee beans )

Contains: Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Flat White Medium Soy Milk	Permanent	No		257		3.57	11.4	1.68	5.34	0.34	1.07	7.68	24.4	1.79	5.68	57.52	183

#### Jack's CafØ Flat White Medium Almond

Ingredients: Milk Almond (Filtered Water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Water, Coffee Grinders (100% imported coffee beans )

Contains: Almond

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Flat White Medium Almond	Permanent	No		248		1.68	5.34	2.59	8.21	0.34	1.07	6.86	21.8	1.46	4.64	53.42	170

#### Jack's CafØ Iced Coffee Caramel Medium Soy Milk

Ingredients: Water, Milk Soy (Filtered Water, Whole Soybeans (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331) ), Sauce Caramel Sundae (Sugar, Water, Glucose Syrup,Milk Solids, Thickeners (1442, 401), Vegetable Fat [Vegetable Fat, Emulsifier (322)], Salt, Emulsifier (471), Acidity Regulators (500, 339), Preservative (202)), Coffee Syrup Caramel (Australian Raw Sugar, Water, Natural Flavours, Burnt Sugar, Food Acid (Citric Acid), Preservative (Potassium Sorbate)), Coffee Grinders (100% imported coffee beans ), Cream Whipped (Cream (97%) (ContainsMilk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Natural Sulphites, Milk, Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Iced Coffee Caramel Medium Soy Milk	Permanent	No		356		2.02	11.5	2.41	13.8	1.54	8.78	13.57	77.1	9.42	53.5	38.82	221

#### Jack's CafØ Iced Coffee Caramel Medium Almond

Ingredients: Water, Milk Almond (Filtered Water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Sauce Caramel Sundae (Sugar, Water, Glucose Syrup,Milk Solids, Thickeners (1442, 401), Vegetable Fat [Vegetable Fat, Emulsifier (322)], Salt, Emulsifier (471), Acidity Regulators (500, 339), Preservative (202)), Coffee Syrup Caramel (Australian Raw Sugar, Water, Natural Flavours, Burnt Sugar, Food Acid (Citric Acid), Preservative (Potassium Sorbate)), Coffee Grinders (100% imported coffee beans ), Cream Whipped (Cream (97%) (ContainsMilk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Natural Sulphites, Milk, Almond

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Iced Coffee Caramel Medium Almond	Permanent	No		352		1.22	6.96	2.8	15.9	1.54	8.78	13.22	75.1	9.28	52.8	37.08	211

#### Jack's CafØ Coffee Mocha Medium Soy Milk

Ingredients: Milk Soy (Filtered Water, Whole Soybeans (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331) ), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans ), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk, Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Coffee Mocha Medium Soy Milk	Permanent	No	Yes	540	375	4	9.94	1.81	4.52	0.52	0.93	23.05	23.0	16.16	4.72	73.66	151

#### Jack's CafØ Coffee Mocha Medium Almond

Ingredients: Milk Almond (Filtered Water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans ), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk, Almond

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Coffee Mocha Medium Almond	Permanent	No	Yes	531		2.35	5.02	2.6	6.87	0.52	0.93	22.33	20.8	15.88	3.86	70.06	140

#### Jack's CafØ Chai Iced Medium Soy Milk

Ingredients: Water, Milk Soy (Filtered Water, Whole Soybeans (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331) ), Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt ), Cream Whipped (Cream (97%) (ContainsMilk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Milk, Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Chai Iced Medium Soy Milk	Permanent	No		269		1.37	6.68	1.81	9.03	0.88	4.39	10.23	6.96	7.59	4.87	47	153

#### Jack's CafØ Chai Iced Medium Almond

Ingredients: Water, Milk Almond (Filtered Water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt ), Cream Whipped (Cream (97%) (ContainsMilk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser

(339))

Contains: Milk, Almond

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Chai Iced Medium Almond	Permanent	No		264		0.42	1.85	2.27	11.4	0.88	4.39	9.81	4.87	7.42	4.03	44.92	143

**Jack's CafØ Iced Coffee Medium Soy Milk**

Ingredients: Water, Milk Soy (Filtered Water, Whole Soybeans (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331) ), Coffee Grinders (100% imported coffee beans ), Cream Whipped (Cream (97%) (ContainsMilk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk, Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Iced Coffee Medium Soy Milk	Permanent	No		195		2.08	9.81	2	9.46	0.98	4.63	4.92	22.9	1.09	4.81	30.64	145

**Jack's CafØ Iced Coffee Medium Almond**

Ingredients: Water, Milk Almond (Filtered Water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Coffee Grinders (100% imported coffee beans ), Cream Whipped (Cream (97%) (ContainsMilk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk, Almond

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Iced Coffee Medium Almond	Permanent	No		190		1.12	5.28	2.46	11.7	0.98	4.63	4.5	20.9	0.92	4.02	28.56	135

**Jack's CafØ Cappuccino Medium Soy Milk**

Ingredients: Milk Soy (Filtered Water, Whole Soybeans (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331) ), Water, Coffee Grinders (100% imported coffee beans ), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk, Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Cappuccino Medium Soy Milk	Permanent	No		260		3.58	11.4	1.69	5.34	0.34	1.07	7.79	24.4	1.9	5.69	57.6	183

**Jack's CafØ Cappuccino Medium Almond**

Ingredients: Milk Almond (Filtered Water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Water, Coffee Grinders (100% imported coffee beans ), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk, Almond

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Cappuccino Medium Almond	Permanent	No		250		1.69	5.34	2.59	8.20	0.34	1.07	6.97	21.8	1.57	4.64	53.51	170

**Jack's CafØ Iced Coffee Caramel Large Soy Milk**

Ingredients: Milk Soy (Filtered Water, Whole Soybeans (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331) ), Water, Sauce Caramel Sundae (Sugar, Water, Glucose Syrup,Milk Solids, Thickeners (1442, 401), Vegetable Fat [Vegetable Fat, Emulsifier (322)], Salt, Emulsifier (471), Acidity Regulators (500, 339), Preservative (202)), Coffee Syrup Caramel (Australian Raw Sugar, Water, Natural Flavours, Burnt Sugar, Food Acid (Citric Acid), Preservative (Potassium Sorbate)), Coffee Grinders (100% imported coffee beans ), Cream Whipped (Cream (97%) (ContainsMilk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Natural Sulphites, Milk, Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Iced Coffee Caramel Large Soy Milk	Permanent	No		335		2.06	14.0	2.24	15.3	1.33	9.02	12.62	85.9	9.02	61.4	41.03	279

**Jack's CafØ Iced Coffee Caramel Large Almond**

Ingredients: Milk Almond (Filtered Water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Water, Sauce Caramel Sundae (Sugar, Water, Glucose Syrup,Milk Solids, Thickeners (1442, 401), Vegetable Fat [Vegetable Fat, Emulsifier (322)], Salt, Emulsifier (471), Acidity Regulators (500, 339), Preservative (202)), Coffee Syrup Caramel (Australian Raw Sugar, Water, Natural Flavours, Burnt Sugar, Food Acid (Citric Acid), Preservative (Potassium Sorbate)), Coffee Grinders (100% imported coffee beans ), Cream Whipped (Cream (97%) (ContainsMilk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Natural Sulphites, Milk, Almond

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Iced Coffee Caramel Large Almond	Permanent	No		330		1.11	7.54	2.69	18.3	1.33	9.02	12.21	83.1	8.86	60.3	38.97	265

**Jack's CafØ Iced Chocolate Large Soy Milk**

Ingredients: Milk Soy (Filtered Water, Whole Soybeans (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331) ), Water, Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Cream Whipped (Cream (97%) (ContainMilk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Milk, Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Iced Chocolate Large Soy Milk	Permanent	No		257		1.72	8.48	1.81	10.2	0.85	4.56	9.09	8.82	8.27	6.12	43.68	195

### Jack's CafØ Iced Chocolate Large Almond

**Ingredients:** Milk Almond (Filtered Water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Water, Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Cream Whipped (Cream (97%) (ContainsMilk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Milk, Almond

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Iced Chocolate Large Almond	Permanent	No		252		0.69	2.27	2.3	13.1	0.85	4.56	8.64	6.12	8.09	5.04	41.46	182

### Jack's CafØ Hot Chocolate Large Soy Milk

**Ingredients:** Milk Soy (Filtered Water, Whole Soybeans (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331) ), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk, Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Hot Chocolate Large Soy Milk	Permanent	No	Yes	361	613	3.03	10.6	1.74	6.31	0.41	1.05	13.75	10.9	12.33	7.36	76.3	246

### Jack's CafØ Hot Chocolate Large Almond

**Ingredients:** Milk Almond (Filtered Water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk, Almond

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Hot Chocolate Large Almond	Permanent	No	Yes	350		1.08	2.46	2.68	10.2	0.41	1.05	12.9	7.36	11.99	5.96	72.05	228

### Jack's CafØ Flat White Large Soy Milk

**Ingredients:** Milk Soy (Filtered Water, Whole Soybeans (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331) ), Water, Coffee Grinders (100% imported coffee beans )

Contains: Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Flat White Large Soy Milk	Permanent	No		231		3.32	14.1	1.65	6.97	0.32	1.34	6.43	27.2	1.79	7.58	58.14	246

### Jack's CafØ Flat White Large Almond

**Ingredients:** Milk Almond (Filtered Water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Water, Coffee Grinders (100% imported coffee beans )

Contains: Almonds

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Flat White Large Almond	Permanent	No		221		1.41	5.97	2.56	10.9	0.32	1.34	5.6	23.7	1.46	6.17	53.99	228

### Jack's CafØ Coffee Mocha Large Soy Milk

**Ingredients:** Milk Soy (Filtered Water, Whole Soybeans (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331) ), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans ), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk, Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Coffee Mocha Large Soy Milk	Permanent	No	Yes	455	532	3.77	12.7	1.81	6.14	0.47	1.20	18.42	25.8	12.9	6.61	72.81	214

### Jack's CafØ Coffee Mocha Large Almond

**Ingredients:** Milk Almond (Filtered Water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Hot Chocolate Syrup Jack's Cafe (Sugar, Water, Cocoa Powder, Modified Starch, Natural Flavour, Salt, Food Acid (334), Preservative (202), Vegetable Gum (415)), Coffee Grinders (100% imported coffee beans ), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk, Almond

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Coffee Mocha Large Almond	Permanent	No	Yes	446		1.97	5.65	2.67	9.48	0.47	1.20	17.64	22.7	12.59	5.39	68.89	198

### Jack's CafØ Chai Iced Large Soy Milk

**Ingredients:** Water, Milk Soy (Filtered Water, Whole Soybeans (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331) ), Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt ), Cream Whipped (Cream (97%) (ContainsMilk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser (339))

Contains: Milk, Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's CafØ Chai Iced Large Soy Milk	Permanent	No		310		1.35	6.68	1.76	9.03	0.86	4.38	12.76	6.96	9.49	4.87	50.87	153

### Jack's CafØ Chai Iced Large Almond

**Ingredients:** Water, Milk Almond (Filtered Water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Chai Spice (Sugar, Dextrose, Maltodextrin, Natural Flavours, Instant Tea, Ground Spices, Salt ), Cream Whipped (Cream (97%) (ContainsMilk), Gas Propellants (Nitrous Oxide, Nitrogen), Emulsifier (471, 470), Stabiliser

(339))

Contains: Milk, Almond

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Chai Iced Large Almond	Permanent	No		305		0.42	1.85	2.21	11.4	0.86	4.38	12.36	4.87	9.33	4.02	48.85	143

**Jack's Caf  Cappuccino Large Soy Milk**

Ingredients: Milk Soy (Filtered Water, Whole Soybeans (min.14 %), Raw Sugar, Mineral (Calcium Phosphate), Natural Flavours, Vegetable Gums (460, 466, 407), Sea Salt, Food Acids (340, 331) ), Water, Coffee Grinders (100% imported coffee beans ), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk, Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Cappuccino Large Soy Milk	Permanent	No		241		3.45	14,1	1.71	6,96	0.33	1,34	6,75	27,2	1,94	7,57	60,34	246

**Jack's Caf  Cappuccino Large Almond**

Ingredients: Milk Almond (Filtered Water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Water, Coffee Grinders (100% imported coffee beans ), Chocolate Powder (Sugar, Cocoa Powder, Whey Powder, Maize Starch, Flavour)

Contains: Milk, Almond

May be present: Soy

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Cappuccino Large Almond	Permanent	No		231		1,47	5,97	2,66	10,9	0,33	1,34	5,89	23,7	1,6	6,17	56,05	228

**Jack's Caf  Latte Large Soy**

Ingredients: Milk Soy (Filtered water, whole soybeans (min.14 %), raw sugar, mineral (calcium phosphate), natural flavours, vegetable gums (460, 466, 407), sea salt, food acids (340, 331) ), Water, Coffee Grinders (100% imported coffee beans )

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Latte Large Soy	Permanent	No		231		3,32	14,1	1,65	6,97	0,32	1,34	6,43	27,2	1,79	7,58	58,14	246

**Jack's Caf  Latte Large Almond**

Ingredients: Milk Almond (Filtered Water, Ground Almonds (min. 3.2%), Raw Sugar, Corn Maltodextrin, Sunflower Oil, Gum Arabic, Acidity Regulators (Potassium Phosphate, Sodium Bicarbonate), Mineral (Calcium Phosphate), Emulsifier (Sunflower Lecithin), Sea Salt, Gellan Gum), Water, Coffee Grinders (100% imported coffee beans )

Contains: Almond

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Jack's Caf� Latte Large Almond	Permanent	No		221		1,41	5,97	2,56	10,9	0,32	1,34	5,6	23,7	1,46	6,17	53,99	228

**Kit Kat Add On**

Ingredients: Kit Kat Pieces (Wafer (Wheat Flour, Sugar, Palm Fat, Wheat Starch, Emulsifier Lecithin (Soy), Salt), Milk Chocolate (Sugar, Cocoa Butter, Cocoa Mass, Skimmed Milk Powder, Whey Powder, Vegetable Fats (Palm, Shea), Butter Oil, Emulsifier Lecithin, Natural Vanilla Flavour))

Contains: Wheat (Gluten), Milk, Soy

May be present: Walnut, Hazelnut, Almond

Description	Store Status	Available in Selected Stores	Halal?	Energy (kJ)	Energy (kJ) Per Total Serving	Protein	Protein Per Total Serving	Total Fat	Total Fat Per Total Serving	Saturated Fat	Saturated Fat Per Total Serving	Carbohydrates	Carbohydrates Per Total Serving	Total Sugars	Total Sugars Per Total Serving	Sodium	Sodium Per Total Serving
Kit Kat Add On	LTO	Yes	No	2,077	271	5,7	0,75	24,4	3,18	14,4	1,88	62	8,06	46,8	6,09	51,93	6,76